

ARE YOU A FAMILY CAREGIVER FOR AN ELDERLY PERSON?

ARE YOU FEELING TIRED & STRESSFUL?

Are You Being Understood as A Caregiver?

No One to Turn To For Advice?

GoodLife! Invites You To Join Us In Our Caregivers Support Group!

Our Group Supports Those Who Are Caring for An Elderly Person. This Group offers Emotional, Educational and Social Support! Social Workers and Medical Professionals are invited to offer their expertise and to share on their knowledge about Dementia and all other eldercare related issues.



The Caregivers Support Group will be conducted in English

Every Last Thursday of the Month

(From January 2019)

3pm to 5pm

Eunos Community Club

180 Bedok Reservoir Rd,
Singapore 479220

Walk-In to Eunos Community Club to Register or Call Eunos Community Club at 6448-6971 or GoodLife!@Bedok at 6312-3988

To Find Out More!



A Programme by MontfortCare

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